Profile



Name: - **Dr. Jagannath Rakshit**

Designation: -**S.A.C.T.-1**

Date of Birth: - 05/02/1990

Date of Joining:- 07-08-2018

Salary: (pay scale)-

Educational qualification: - **B. A, B.P. Ed, M.P. Ed, P.G. DIPLOMA IN YOGA, Ph.D.**

Teaching experience: - **8 Years**

Research Publication (In Journals):--

Title of the paper	Name of the journal	Single author/joint Author	ISSN
Anthropometric Changes in Soccer Players: A Literature Review	International Journal for Multidisciplinary Research (IJFMR)	Singal	2582-2160
Effects of 8-weeks Soccer-Specific Training on Improvement of Soccer performance of Tribal Soccer Players	International Journal of Physiology, Sports and Physical Education	Singal	2664-7710
Effects of Soccer Training Programme on Physical Fitness Variables of School Level Tribal Students	Indian Journal of YOGA Exercise & Sport Science and Physical Education	Joint	0975-265X
Effects of soccer training programme on soccer skills and physical fitness variables of school level tribal students	International Journal of Physical Education, Sports and Health	Joint	2394-1685
Improving Explosive Leg Strength of tribal Soccer Players through S.A.Q. Training from Bankura District	International Journal of Sports, Health and Physical Education	Singal	2664-7559

Publication (Books/Chapters in Books):

Title of the Book/Chapter	Title of the Book	**Single author/ joint Author**	Publisher	ISBN
NA	NA	NA	NA	NA

Paper presentation:-

Title of the paper	**Title of the seminar/conference/Workshop**	**Organizing Institute**	**Level**
			State/ National/ International
Comparative study on agility and flexibility between inter-university Kabaddi and Kho-Kho players	NEW HORIZONS OF PHYSICAL EDUCATION AND EXERCISE SCIENCES, IN THE 21ST CENTURY	THE UNIVERSITY OF BURDWAN	NATIONAL
A study on the influence of sports culture on different development factor of rural women	Trends, Issues and Development in Physical Education and Sports Sciences	Sree Chaitanya Mahavidyalaya	INTERNATIONAL
Effects of Soccer Training on Leg Explosive Strength	Innovation and Integration of Sports Science in Performance Sports	ADMS INSTITUTE OF SPORTS SCIENCE AND MEDICINE AND SEVA BHARATI MAHAVIDYALAYA	INTERNATIONAL
Effects of 12-week soccer training intervention on Resting Heart Rate of school-level soccer players	Sustainable Development and Challenges in Physical Education Sports Science and Yoga in Global Scenario	THE UNIVERSITY OF BURDWAN	INTERNATIONAL
Physical fitness enhancement through soccer training in tribal school students	Promotion of Intangible Cultural Heritage of India with Special Emphasis on Traditional Sports and Games	Dr. Bhupendra Nath Dutta Smriti Mahavidyalaya	INTERNATIONAL

Sd/-
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